

CURRICULUM VITAE
PALLAVI DIWAKAR HALDANKAR, MBBS, MD

_____ **POSITION INFORMATION** _____

Assistant Professor (Full Time)

Department Of Pathophysiology,

5th floor, SD6, True Blue Campus,

School of Medicine,

St. Georges University,

St. Georges, Grenada, Caribbean (West Indies)

Visa status : Valid B1/B2 U.S Visa

EDUCATION

1. Diploma in Practical Dermatology (DPD); Cardiff University, Wales, (UK). (pursuing)
2. **Fellowship** in Aesthetic Medicine (**FAM**); Institute of Laser & Aesthetic medicine, New Delhi affiliated to University of Greifswald, (Germany) 2016
3. MD (**Residency**) in Physiology/Clinical Physiology from K.M.C Mangalore, Manipal University, India, May 2011- April 2014.
4. MBBS: MBBS (**MD equivalent, as per US education system**) from Yenepoya Medical College, Mangalore, Affiliated with Rajiv Gandhi University of Health Sciences, Bengaluru, India. September 2003- August 2009.

REGISTRATION DETAILS

1. General Practice/Family Medicine, Grenada Medical & Dental Council Reg # 1090
2. MD: Registered with Karnataka Medical Council, Bengaluru with Reg. no.85552.
3. MBBS: Registered with Karnataka Medical Council, Bengaluru with Reg. no.85552.

ADDITIONAL CONTINUING EDUCATION

Clinical training

- Hands on training in use of lasers in aesthetic treatment
- Hands on training in injectables (Botox)
- Hands on training in PRP
- Hands on training in performing derma rollers & chemical peels.

Academic training

- Webinar on “Building a professional portfolio to document learning”.
- Workshop on research topic “technology and young mind”

POSITIONS HELD

1. Assistant Professor, Department of Pathophysiology, School of Medicine, St. George's University, Grenada since January 2019.
2. Instructor, Department of Clinical Skills/Internal Medicine, Saba University School of Medicine since March 2015 – December 2016.
3. Assistant Professor, Department of Physiology/Clinical Physiology, KVG Medical College, Sullia, Rajiv Gandhi University of health sciences, India.
4. Resident and Tutor, Department of Physiology/ Clinical Physiology, K.M.C Mangalore, Manipal University; 2011-2014.

TEACHING

1. **At Saint George's University, School of Medicine, Grenada** (US-based curriculum)
 - My primary responsibility is teaching Pathophysiology (since January 2019) to 5th-semester medical students in a system-based spiral curriculum, reviewing organ system-related aspects of basic sciences such as Molecular biology, Clinical Biochemistry, Pathology, and treatment aspects, integrating Basic Sciences and Clinical Medicine.
 - I have taught lectures on topics such as Cardiovascular system, Respiratory system, Gastrointestinal system, and the entire Nervous system.
 - I also conduct Clinical Vignette-based classes, (in the topics mentioned earlier) helping students develop a better understanding of the organ system and improve their multiple-choice question-solving skills.
 - I conduct Themed office hours (on lecture topics mentioned earlier), discussing aspects that could not be covered during the lecture.
 - Conducting IMCQ's (testing students with clinical vignettes systems wise)
 - I am available during office hours to help students with content understanding.

- Worked as a deputy module coordinator for a Clinical case-based small groups course, reviewing high yield Basic Science topics for Step 1 (2019-2021).
- Taught Pathophysiology to Nursing students. (2019-2021)
- Involved in training of tutors (Fresh MD graduates) in delivery of the small group sessions both as a leader and a facilitator.
- Guiding junior faculty (Instructors) in carrying out various teaching responsibilities.
- Academically advising and mentoring students with low grades after every block exam to improve their performance.
- Contributing NBME type questions to the department question pool.

2. **At Saba school of Medicine, Dutch Caribbean** (US-based curriculum)

- Teaching clinical skills (2015- 2016) and participated as an examiner for Clinical skills (2015-2016) across various semesters.
- Conducting Problem based learning sessions/ small group teaching.
- Taking lectures in medicine involving cardiovascular medicine, endocrine disorders & multisystem disease for 4th & 5th semester.
- Demonstrating clinical skill examination to medical students of all semesters (1 to 5) according to NBME board standard.
- Conducting clinical skill assessments and patient note exam for all semesters
- Conducting workshops in EKG.
- Conducting clinical reasoning sessions
- Assessment of clinical case presentations & providing guidance to the students in SOAP note writing.
- Proctoring in examinations.
- Training of simulated patients in OSCE.

3. **At the Rajiv Gandhi University of health sciences, KVG Medical College, Sullia, India**

- My primary role was teaching students (1st year) Clinical Physiology/experimental physiology in the discipline of Medicine and Dentistry.
- Teaching clinical physiology to medical students which involved conducting lecture session in cellular biology, cardiovascular physiology & neuromuscular physiology
- Conducting & demonstrating laboratory experiments including hematology, clinical examinations methodology, ECG demonstrations.
- Proctoring & conducting university examinations (written & viva voce)

4. **During the residency** (2011-2014).

- Tutor in the Department of Physiology/Clinical Physiology. My Teaching responsibilities included
- training and supervising (1st- year medical/ dental/ allied sciences students) in laboratory experiments.
- Theory lectures in cardiovascular physiology, respiratory physiology, special senses & neuromuscular physiology.
- Conducting laboratory sessions in hematology
- Conducting amphibian & mammalian experiments.
- Demonstrating clinical skills involving clinical examination of cardiovascular system, respiratory system, nervous system, musculoskeletal system & abdominal examination.
- Presenting seminars & discussing latest research articles by conducting journal club.
- Proctoring in university examination (written, viva-voce & practical exams)
- Involved in bedside patient-based teaching for 4th-year medical students.

EXPERIENCE IN NURSING PROGRAM

- Teaching Clinical Physiology (lectures) to 1st Year nursing students in Manipal University and in KVG Medical School, India.
- Teaching Physiology Practical sessions (demonstration of skills) to final year Nursing students in St George's university.
- Teaching Pathophysiology (lecture sessions) to final year Nursing students in St George's university.

SERVICES

1. Supervisor in tutor training programme.
2. Deputy Content manager, Pathophysiology course

ON CAMPUS TRAINING

1. Online new Turning point training.
2. Training in Sakai usage.
3. Training in Panopto video making
4. Courses in basics of conducting research (Faculty research Institute)
5. Using USMLE based question bank, UWORLD, PASTEST, USMLERX

MEMBERSHIPS

1. Member of Face Aesthetic & dermatological society.

PRESENTATIONS & CONFERENCES

CONFERENCES

- 1) APPICON (Annual Conference of Physiologist & Pharmacologist of India) in 2011
- 2) IPSCON (Annual Conference of Indian Pharmacological society) in 2011
- 3) IABMS (Annual Conference of Indian Association of Biomedical Science) in 2012

PRESENTATION

- 1) Is cold pressure test a better predictor of sympathetic activity than acute exercise (AIIMS, New Delhi, India, December 2011)
- 2) Assessment of stress among software professional across south India (IABMS, Mangalore, India, January 2012)
- 3) Assessment of stress (PSS Score) and its correlation with obesity and blood pressure among software professionals (IUPS, Birmingham, U.K, JUNE 2014)

RESEARCH & PUBLICATIONS

Current research topic (ongoing: Internet addiction and student performance)

DISSERTATION

Assessment of work place stress in Software Professionals in South Canara
K.M.C, Mangalore, Manipal University 2011.

RESEARCH PAPERS/ PUBLICATIONS

1. Evaluation of stress and its correlation with anthropometric parameters among software industry professionals.
Pallavi H, Ramesh Bhat, Ganaraja B, Nayantara AK, Sheila Pai. *International Journal of innovative research in science, engineering & technology.*
2. Evaluation of stress in professional life and other factors among young technology professionals in south India
Ramesh Bhat, Pallavi H, Nayantara K, Ganaraja B. *International journal of applied biology and pharmaceutical technology*
3. Impact of cigarette smoking on perceived stress and serum cortisol among medical students
Raghvendra Tey, Pallavi H, Vivek Joshi. *International journal of health sciences and research*
4. Comparative study of cardiac autonomic modulation during cold pressor test and acute exercise in healthy students.
Pallavi H, Kishan K, Sheila Pai, Nayantara AK. *International journal of health sciences and research*

CME/WORKSHOP ATTENDANCE

- a) Brain storming on Memory
- b) Experience the advances in teaching & research in embryology.
- c) Biochemical investigation: A corner stone to clinical care

- d) Brain & Behavior
- e) Metabolic syndrome
- f) Sleep & its disorders
- g) Effective communication of scientific Research
- h) Learning museum techniques with Joy
- i) Glyconomics
- j) young scientist training workshop on tools & techniques in physiology.
- h) FUE & FUT method of hair transplantation.

EXTRACURRICULAR ACTIVITIES

1. Attending skin clinics with local Dermatologist In Grenada (2018)
2. Participation in cultural events/programs during Residency for staff and students 2011-2014.
3. Badminton, and Chess Competitions.

PROFESSIONAL CLINICAL EXPERIENCE

1. Assisting Skin Physician, Dermatology clinic (Dr Issac), Grenada, Eastern Caribbean (2019)
2. Cosmetic Dermatologist, Elite Skin and Laser center, New Delhi, India (February 2018- December 2018)
3. Assisting Physician, Dr.Rana skin and laser Centre, Noida, India.(February 2018 – August 2018)
4. Chief Medical Officer at Yenepoya Hospital, Mangalore, India.
5. Chief Medical Officer at:Ex Servicemen Contributory Health Scheme, Mangalore, India
6. Internship at Yenepoya Hospital, Derelakatte, Mangalore from RajivGandhi University Of Health Sciences, Bengaluru; 2008-2009.

REFERENCES

1. Dr. Sandeep Nayak
Attending Physician,
NYC+HHC Metropolitan, New York City
Phone: 3478247172
Email: dr.sandeepnayak@gmail.com, Nayaks2@nychhc.org
2. Dr. Ivana Despotavic
Contact Number : 1(313)415-9196
St. Louis, Mississippi
Email: vana_d@yahoo.com
3. Dr Dheeraj Bansal
Dean, Texila American University
Guyana
Contact number : +91-9521772240
4. Dr Kishan Kadur
Associate professor
Department of Pathophysiology
American university of Antigua
Email: kkishan@auamed.net
Phone: 9844085933