

GRETCHEN L. WATSON, PHD

EDUCATION

Georgetown University Medical School

- Postdoctoral training in pediatric psychology
- 1987-1988

University of Illinois, Chicago

- Doctorate, Clinical Psychology and Developmental Psychology
- 1983-1987

University of Illinois, Chicago

- Masters, Clinical Psychology
- 1983-1985

Boston University

- Bachelor of Arts, Psychology
- 1979-1982

MID-CAREER TRAINING

Healthcare Performance Improvement

- Non-degree, mid-career training in the science of safety and system-wide change management
- 2007-2007 (six-months)

Centers for Disease Control and Prevention (CDC)

- Epidemiology
- 1996-1996 (government-funded, week-long, intensive, onsite course at the CDC)

CURRENT POSITION

Safety & Leadership Solutions

- President – 2008-
 - Organizational safety and change management consulting services

- Solicit engagements, conduct assessments and design interventions; teach faculty, staff, students, employees, employers, and community leaders; hire and train consultants; complete financial oversight; IRS and liability compliance

ACADEMIC & HEALTHCARE EMPLOYMENT HISTORY

Ross University School of Medicine – 2019-2020

- Professor of Behavioral Sciences and Foundations of Clinical Medicine
 - Developed and delivered lectures pertaining to epidemiology/biostatistics, medical ethics, health systems, systems-based practice improvement, patient safety, depressive disorders, bipolar disorders, alcohol use disorders
 - Prepared standardized patient scenarios for advanced interviewing of clinical patients and a corresponding grading rubric for independent evaluations of clinical interview exams of 2nd year medical students
 - Provided clinical skills training to 1st and 2nd year medical students, including interviews, including special cases involving particularly challenging patients
 - Developed practice and exam questions, styled after medical board exams
 - Mentored three cohorts of medical/public health students
 - Continued to engage in academic activities, including professional speaking and academic and trade publications

Old Dominion University – Approximately, 1995-2018

- Adjunct faculty
 - Guest lectures (community health/public health, psychology, education, and sociology), supervised doctoral students clinical and dissertation work (education and psychology), taught doctoral level courses (education), collaborated with other faculty on various academic and institutional activities (psychology, education, and sociology)

Tidewater Community College – 2010-2013

- Professor & Regional Director of National Healthcare Information Technology Program
 - Programmatic and financial oversight and management of a \$16M grant project to develop and implement educational curricula across 11 states and the District of Columbia, including student and faculty recruitment, teaching, and assessment
 - Organized and funded two national patient safety & health IT conferences
 - Student recruitment

Sentara Healthcare – 2008-2009

- Director of Patient Safety & Performance Excellence
 - Design and implement intervention strategies across regional healthcare system and its affiliated managed care plan (over 100 sites, including acute care hospitals)

- Prepare and deliver patient safety and customer service education to physicians, nurses, and other system employees across a regional healthcare system, including direct oversight for seven hospitals, seven nursing homes, and an affiliated managed care organization
- Establish more effective and cost-efficient new employee on-boarding education
- Tack medical error rates and trends
- Conduct root cause analyses of medical errors; teach key staff to conduct root cause analysis; provide ongoing root cause mentorship

Regent University – 2006-2008

- Professor of Education (initially appointed as a visiting professor) & Director of Research
 - Develop and deliver online and classroom-based doctoral level courses
 - Develop and oversee and institutional review board
 - Mentor master and doctoral students
 - Maintain scholarly activities
 - Collaborate with senior leaders to increase individual and corporate donations
 - Participate in student recruitment activities

Eastern Virginia Medical School – 1994-2006

- Associate Professor (approved by Dean for promotion to Professor), Departments of Pediatrics and Psychiatry & Behavioral Sciences & Director of the Division of Public Health Psychology & Head of Psychological Assessment Clinic at affiliated Children's Hospital of The King's Daughters
 - Oversaw staff of 27 faculty, post-doctoral students, employees, and students in public health research division; responsible for all aspects of grant management to fully support the division
 - Education and supervision of pediatric residents on behavioral science topics and childhood assessment issues
 - Conducted psychological assessments of children and families on in outpatient and inpatient settings; supervised pediatric residents and doctoral students
 - Delivered lectures in medical school courses and doctoral program in clinical psychology; taught directed readings courses
 - Supervised research of pediatric faculty, staff, and residents, and summer interns
 - Extensive community engagement and development on public health matters

Naval Hospital San Diego (GS-13-6, Tenured Federal Employee) – 1990-1993

- Clinical Psychologist, Department of Pediatrics
 - Conduct psychological evaluation of infants and young children with genetic, behavioral, emotional, learning, and other disorders
 - Participate in multidisciplinary team evaluations and feedback
 - Review Exceptional Family Member Program requests, inquiries, and applications regarding educational, psychological, and special needs of military dependents across all branches of the military worldwide

- Train pediatric and psychiatry interns, residents, and staff

RESEARCH EXPERIENCE - PARTIAL LIST OF RESEARCH PROJECTS

Community College Consortium for Health IT

- \$16,275,833 federal funding

Refining the Finest

- \$1,250,000 federal funding

Epidemiologic Study and Clinical Validation of ADHD

- \$750,000 federal funding; part of a \$2.25 million multi-site award

Boost ‘Em in the Back Seat: A Safe Ride Program

- \$99,992 federal funding

Promoting Responsible Actions through Intervention and School-wide Education (SHINE)

- \$450,000 federal funding

School Health and Academic Resilience for Everyone (Program SHARE)

- \$250,000 state funding

School Health and Academic Resilience for Everyone (Program SHARE)

- \$147,000 local funding

School Health Initiative for Education (SHINE Coalition)

- \$331,000 private funding

Evaluation of High-Risk Infant Tracking Systems

- \$60,000 private funding

Development of a School Health Information System

- \$130,000 state funding

Survey of Teacher Perspectives in Chronic Physical and Mental Health

- \$2,000 local funding

Health Needs of School-Aged Children

- \$4,000 local funding

PUBLICATIONS

Peer-Reviewed

Watson, GBL, Selfridge, NJ, & Wright, BE (2020). The opioid-impaired provider: a call for national guidance to maximize rehabilitation while protecting patient safety. *Health Science Reports*, 9999, e193. <https://doi.org/10.1002/hsr2.193>.

- Wright, BE, Watson, GL, & Selfridge, NJ. (2020). The Wright Table of the cardiac cycle: a stand-alone supplement to the Wiggers Diagram. *Advances in Physiology Education*, 44(4): 554-563. <https://doi.org/10.1152/advan.00141.2019>
- Selfridge, NJ & Watson, GBL. (2020). Mindfulness interventions for ADHD: neurobiologic antidote? *Integrative Medicine*, 23(3), 21-25. <https://www.reliasmedia.com/articles/145853-mindfulness-interventions-for-adhd-neurobiologic-antidote>
- Dyer, H., Stelly, D. & Watson, G. (2020). Intimate Partner Violence: Using Standardized Patients to Improve Trauma-Informed Care in the era of the Covid-19 Pandemic. *MedEdPublish*, 27 April. <https://www.mededpublish.org/manuscripts/3037>
- Watson, GL (2016). The hospital safety crisis. *Sociology*, 53(4), 339-347. <https://link.springer.com/article/10.1007/s12115-016-0028-2>
- Watson, GL, Arcona, AP, & Antonuccio, DO. (2015). The ADHD drug abuse crisis on American college campuses. *Ethical Human Psychology and Psychiatry*, 17(1), 5-21. <https://psycnet.apa.org/record/2016-53442-002>
- Watson, GL, Arcona, AP, Antonuccio, DO, & Healy, D. (2014). Shooting the messenger: The case of ADHD. *Journal of Contemporary Psychotherapy*, 44(1), 43-52. <https://link.springer.com/article/10.1007/s10879-013-9244-x>
- LeFever, GB. (2010). Chasing zero events of harm: An urgent call to expand safety culture work and consumer engagement. *Healthvie.com, Nursing and Patient Care*. February issue, Nursing & Patient Care.
- Burke, G, LeFever, GB, Sayles, SM. (2009). Zero events of harm: building and sustaining a system-wide culture of safety at Sentara Healthcare. *Managing Infection Control, Nursing & Patient Care (February)*, 44-50. <https://pubmed.ncbi.nlm.nih.gov/16430021/>
- Kavale, KA, Kauffman, JM, Bachmeier, RJ, & LeFever, GB (2008). Response-to-intervention: Separating the rhetoric of self-congratulation from the reality of specific learning disability identification. *Learning Disability Quarterly*, 31, 135-50.
- Kavale, KA & LeFever, GB. (2007). The Dunn and Dunn learning-style model: Critique of the Lovelace Meta-Analysis. *Journal of Educational Research*, 101(2), Nov-Dec, pp. 94-97. <https://journals.sagepub.com/doi/10.2307/25474644>
- LeFever, GB, Arcona, AP, Antonuccio, D. (2003). ADHD among American school children: Evidence of overdiagnosis and overuse of medication. *Scientific Review of Mental Health Practice*, 2(1), 49-60. <https://www.srmhp.org/0201/adhd.html>

- LeFever GB, Villers MS, Morrow, AL, Vaughn ES. (2002). Adverse Educational Outcomes Among Children Diagnosed and Treated for Attention Deficit Hyperactivity Disorder. *Psychology in the Schools*, 39(1), 63-72. <https://psycnet.apa.org/record/2002-10369-006>
- Morris AD, Zaritsky AL, LeFever GB. (2000). Evaluation of ethical conflicts associated with randomized controlled trials in critically in children. *Critical Care Medicine*, 28(4), 1152-1248. <https://pubmed.ncbi.nlm.nih.gov/10809297/>
- LeFever, GB, Dawson, KV, Morrow, AL. (1999). The Extent of Drug Therapy for Attention Deficit-Hyperactivity Disorder among Children in Public Schools. *American Journal of Public Health*, 89(9), 1359-1364. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1508779/pdf/amjph00009-0055.pdf>
- LeFever GB, Butterfoss FD, Vislocky NF. (1999). High attention deficit disorder (ADHD) prevalence: Catalyst for development of a School Health Coalition. *Family and Community Health*, 22(1), 52-63. https://journals.lww.com/familyandcommunityhealth/Abstract/1999/04000/High_Prevalence_of_Attention_Deficit_Hyperactivity.6.aspx
- Pestian JP, Sheppard VS, Hannon PM, Kelly CS, Chase DA, LeFever GB. (1998). *Assessment of Child and Adolescent Hospitalizations in Virginia*. Technical Report prepared as a collaborative project with Virginia Department of Health and the Center for Pediatric Research with funding from MCJ-51T012-02-0.
- Pestian JP, Sheppard VS, LeFever GB. (1998). *Analysis of Child Mental Health Hospitalizations in Virginia*. Legislative Report Presented to Virginia Department of Health, Richmond.
- LeFever GB, Villers MS, Sheppard VB. (1999). Program evaluation and recommendations for Virginia's High-Risk Infant Tracking Program. Center for Pediatric Research, Norfolk, Virginia. Technical Report # 99-02.
- Vaughn BE, Stevenson-Hinde J, Waters E, LeFever GB, Kotsaftis A, Shouldice A, Trudel M, Belsky J. (1992). Attachment security and temperament in infancy and early childhood: Some conceptual clarifications. *Developmental Psychology* 28:463-73. <https://eric.ed.gov/?id=EJ444945>
- Vaughn BE, LeFever GB, Seifer R, Barglow P. (1989). Attachment behavior, attachment security, and temperament in infancy. *Child Development* 60:728-37. <https://pubmed.ncbi.nlm.nih.gov/2737020/>
- LeFever GB. The Social Origins of Temperament. Doctoral dissertation. University of Illinois; Chicago, 1987.

Other Articles

- Watson, GBL. (2019). Health care professionals must help their own. *The Virginian-Pilot*, Opinion November 3.

- Watson, GL (2017). Misplaced blame in vaccination deaths. *The Virginian-Pilot*, Opinion July 2.
- Watson, GL (2017). Making hospitals safer, healthier. *The Virginian-Pilot*, Opinion January 29.
- Watson, GL (2017). Improving patient safety, hospital profits. *The Virginian-Pilot*, Opinion April 3.
- Watson, GL (2016). ADHD concerns surface again. *The Daily Press*, Opinion September 10.
- Watson, GL (2016). The deadly dangers of ADHD drugs. *The Virginian-Pilot*, Opinion October 2.
- Watson, GL. (2014). Attention deficit surprises. *The Virginian-Pilot*, Opinion June 1.
- Watson, GL (2014). The human side of shipyard safety. *The Virginian-Pilot*, Opinion November 30.
- Watson, GL. & Arcona, AP (2014). 8 Ways to Respond to Student ADHD Drug Abuse. *Campus Safety*, April/May, pp. 34-37.
- Watson, GL. (2014). Time to Re-Open Debate about ADHD Trends, Campus Safety Implications. *University Business Magazine*, April 23, Professional Opinion, <https://universitybusiness.com/time-to-re-open-public-debate-about-adhd-trends-safety-implications-for-college-campuses/>.
- Watson, GL & Arcona, AP. (2014). Setting and practicing ground rules for effective human performance programs. *EHS Today: The Magazine for Environment, Health, and Safety Leaders*, March 24, <https://www.ehstoday.com/employee-engagement>.
- Watson, GL. Re-open debate about ADHD rates. *The Daily Press*, Opinion, December 17, 2013.
- Watson (LeFever), GL. (2013). The science of behavioral safety 101: A little praise goes a long way, *EHS Today: The Magazine for Environment, Health, and Safety Leaders*, July.
- Books – Academic Publishers**
- Watson, GL (2019). *Your Patient Safety Survival Guide: How to Protect Yourself and Others From Medical Errors*, Lantham, MD: Rowman & Littlefield. (Paperback edition).
- Watson, GL (2017). *Your Patient Safety Survival Guide: How to Protect Yourself and Others From Medical Errors*, Lantham, MD: Rowman & Littlefield. (Hardcover edition).
- Watson, GL (in preparation). *For the Love of Children: How to Help Children with “ADHD Brains” and Other Behavioral Challenges Flourish Without Drugs*. (It has not been determined whether this book will be submitted to an academic or popular publisher.)

Published Abstracts

- LeFever, GB, Arcona, AP, & Peng S. (2011). Improving Patient Safety through Proactive Consumer Engagement with Electronic Health Records, AMIA PHI, Orlando, Florida, May 26.
- LeFever, GB. Why Community Coalitions are Important for Patient Safety Initiatives, Sixth Annual Maryland Patient Safety Conference, Baltimore, MD, March 19, 2010.
- Antonuccio, DO & LeFever, GB. (2008). ADHD Data and Key Opinion Leader Messages. Accepted for presentation, Symposium on Evidenced-Based Mental Health Practice, Annual Convention of the American Psychological Association, Boston, MA, August.
- LeFever, GB & Lloyd-Zannini (2007). ADHD Doesn't Equal Broken. Annual Expo Conference, YMCA, Annaheim, California, October 20.
- Lloyd-Zannini, L & LeFever, GB. (2007). Building Resiliency. Annual Expo Conference, YMCA, Annaheim, California, October 21.
- LeFever, GB. Shooting the Messenger (2007). Symposium on the Corruption of Science and Sacrifice of Academic Freedom, Annual Convention of the American Psychological Association, San Francisco, CA, August 17.
- LeFever, GB & Arcona, AP. (2006). Substance Use and ADHD among Middle School Students. Teacher Educators for Children with Behavioral Disorders, 30th Annual Conference, Tempe, Arizona, November 18.
- LeFever, G, Allen, K. & Pladsen, E. (2004). Piloting a School-Wide Intervention. In S. Visser (Chair), Challenges in the epidemiological study of ADHD: From Definition to Prevention.
- Symposium presented at the 2004 American Public Health Association Conference: Washington, DC.
- LeFever, G. & Allen, K. (2004). Working with communities: Challenges and successes of this study. In C. Lesesne (Chair), Multi-Site Collaborative Study: Goals of Study. Symposium presented at the 2004 CHADD Conference: Nashville, TN.
- LeFever GB. Community Initiated ADHD Innovation and Legislation. (2003). Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5.

- Heisler, K, LeFever, GB. (2003). Program SHARE: Improving School/Provider Communication to Help Students Excel. Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5.
- LeFever, GB, Paulson, JF. (2003). Eliciting Community Participation in Behavioral Parent Training, Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5.
- LeFever, GB. (2003). Chair, Symposium: Public Health Psychology: Innovative Approaches to Promoting Child Mental Health and Development. Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5.
- LeFever, GB and Parker, JL. (2001). Eastern Psychological Association Meeting: Addressing ADHD from a Public Health Perspective, Washington, D.C., April 21.
- LeFever GB. ADHD (2001). Overdiagnosis: A Justified Concern. American Psychological Association, San Francisco, CA, August 26.
- LeFever GB. (2001). University-Community Partnership for School Success. Symposium Presentation, Society for Community Research and Action. Atlanta, GA, June 8.
- LeFever, GB, Nakas N, Kelly CS, LeFever GB, Morrow AL. Poster Presentation: Prevalence and Impact of Asthma in Selected Southeastern Virginia Public Schools. Presented at the 17th Annual National Preventive Medicine Meeting, Prevention: Atlanta, March 24.
- Nakas N, Kelly CS, LeFever GB, Morrow AL. (2000). Prevalence and impact of asthma in selected southeastern Virginia public schools, Annual Meeting of American Public Health Association, November 2000, Boston MA.
- LeFever, GB. (2000). ADHD and Public Health. American Public Health Association, Boston, MA, November 15.
- Nakas N, Kelly CS, LeFever GB, Morrow AL. (2000). Prevalence and impact of asthma in selected southeastern Virginia public schools. Poster awarded 1st Place among Pediatric posters at the 94th Annual Scientific Assembly of the Southern Medical Association, Orlando, FL, November 2000.
- LeFever GB, Parker JL, Morrow AL, Villers MS. (2000). Understanding ADHD issues in a community with high ADHD prevalence rate: parent, teacher, and provider perspectives, American Public Health Association Annual Meeting, Boston MA, November.
- LeFever GB, Morrow AL. (1999). A Regional Study of ADHD Prevalence, Treatment, and Educational Impact, Conference sponsored by the American Public Health Association, Chicago, November 9.

- LeFever GB. (1999). The Epidemiology of ADHD. Invited presentation. ADHD from a Public Health Perspective. Conference sponsored by the Centers for Disease Control and Prevention and the U.S. Department of Education. Atlanta, Georgia. September 24.
- LeFever GB. (1999). Combined pharmacological and non-pharmacological treatment of attention deficit hyperactivity disorder (ADHD), Annual meeting of the American Psychological Association, Boston, August.
- LeFever GB. (1999). Psychostimulant Use in Virginia: School Health and Developmental Implications., Annual meeting of the American Psychological Association, Boston, August.
- Sheppard VB, LeFever GB, Pestian JP. (1999). "A Statewide Assessment of Child and Adolescent Acute Mental Health Hospitalizations. American Public Health Association Conference Proceedings, Chicago, IL, November 9.
- Nakas N, Kelly CS, LeFever GB. (1999). Prevalence and Impact of Asthma in Selected Norfolk Public Schools, Annual Research Day, Eastern Virginia Medical School, Norfolk, VA, October, 15.
- Schick J, Schlegel M., LeFever GB and Munter D. (1999). Attention Deficit Hyperactivity Disorder (ADHD) Medication Use in Children is not Associated with Increased Emergency Room Encounters, Society of Academic Emergency Medicine Annual Meeting, May.
- Schick J, Schlegel M., LeFever GB and Munter D. (1999). Attention Deficit Hyperactivity Disorder (ADHD) Medication Use in Children is not Associated with Increased Emergency Room Encounters, Mid-Atlantic Regional Society of Academic Emergency Medicine Research Forum, April.
- LeFever GB and Parker JL. (1999). Building Local Capacity for Collaboration between School Districts: Creation of a School Health Coalition, American Public Health Association; Chicago, IL.
- LeFever GB and Parker JL. (1999). A School-Based Study of ADHD Prevalence: Fostering Collaboration Among Schools, Health Care Professionals and Researchers, Virginia Public Health Association Annual Meeting; Virginia Beach, VA.
- Schick J, Schlegel M., LeFever GB and Munter, D. (1999). Attention Deficit Hyperactivity Disorder (ADHD) Medication Use in Children is not Associated with Increased Emergency Room Encounters, Naval Medical Center Portsmouth Clinical Investigation Program Academic Research Competition, Portsmouth, Virginia, April.
- LeFever GB, Villers MS and Tobin LA. (1999). Prevalence of ADHD Diagnosis and Treatment in Three School Districts, National Association of School Psychologists, Las Vegas, Nevada, April.

- LeFever GB, Villers MS, Morrow AL (1999). Prevalence of Psychostimulant use in Virginia: Developmental and School Health Implications; Abstract, *Journal of Pharmacology, Biochemistry, and Behavior*, 64(3), 645, # A7.
- LeFever GB, Tobin LA and Villers MS. (1999). Analysis of ADHD Prevalence Rates Across Age-for-Grade Categories: Implications for School Readiness Policies., National Association of School Psychologists, Las Vegas, Nevada, April.
- LeFever GB, Hannon PH, Dawson KV, Morrow RC, Morrow AL. (1997). Prevalence of Medication Use for Attention Deficit Hyperactivity Disorder (ADHD): A Population-based Study of Virginia School Children, Society for Pediatric Research; Washington, DC, May.
- LeFever GB. Management of Attention Deficit Hyperactivity Disorder (ADHD) in the 90s. (1997), Virginia Psychological Association; Roanoke, VA, April.
- Kelley ML, Powers DM, Lane JE, LeFever G, Aiello F, Ball JD. (1997). Disciplinary Practices of Mothers with ADHD Sons, Society for Research in Child Development; Washington, DC.
- LeFever GB. (1996). New Findings in the Neuroanatomy of Autism, Annual Virginia Beach Conference on Behavioral and Emotional Disorders in Children; Virginia Beach, VA, .
- Lodge A, LeFever GB. (1996). The Blind Men and the Elephant's Child: The Role of Psychology in Early Childhood Diagnostics. Virginia Psychological Association, Richmond, VA.
- Powers D, Kelly M., LeFever GB, Ball JD. (1996). Correlates of Parental Discipline in Children with ADHD, Southeastern Psychological Association; Norfolk, VA.
- LeFever GB. (1995). The Uses of a Self-report Parenting Measure with Mothers and Fathers of Children with Developmental Disorders, Annual Virginia Beach Conference on Behavioral and Emotional Disorders in Children; Virginia Beach, VA.
- LeFever GB, Dawson KV. (1995). ADHD: Is it a Neurological Disorder, a Physiological Disorder, or both? Annual Virginia Beach Conference on Behavioral and Emotional Disorders in Children, Virginia Beach, VA.
- Hron-Stewart K, LeFever GB. (1990). The Emergence of Gender Differences in Mastery Motivation, Paper submitted to the International Conference on Infant Studies; Montreal.
- LeFever GB. (1989). Relations among Attachment Security and Temperament from Six to Thirty-six Months of Life, Society for Research in Child Development; Kansas City, MO.

LeFever GB, Barglow P. (1987). On Using Infant Behaviors in the Strange Situation as Indexes of Temperament, Society for Research in Child Development, Baltimore, MD.

LeFever GB. (1987). Adolescent Egocentrism: Its Relation to Contraceptive Behavior and Feelings of Invulnerability, Midwestern Psychological Association, Chicago, IL.

Vaughn BE, LeFever GB, Smith C. (1986). Relations Among Mastery Assesses During Problem Solving, Attachment Security, and Free Play Behavior, In Seifer R (chair) Antecedents and Consequences of Early Mastery, Symposium presentation at the International Conference on Infant Studies; Los Angeles, CA.

LeFever GB. (1986). Adolescent Egocentrism: A Look at Its Construct Validity, Paper presented at the Illinois Psychological Association, Chicago, IL.

NOTABLE TEACHING & EDUCATIONAL SUPPORT EXPERIENCE

Health-Related Curriculum Development & Implementation

Behavioral Science and Systems-Based Practice Improvement lectures for medical students

Degree-Oriented, Classroom-Based Courses and Programs Health IT across 11 states and the District of Columbia

Certification-Oriented, Classroom-Based Courses and Programs Health IT across 11 states and the District of Columbia

Degree-Oriented, Online Courses and Programs Health IT across 11 states and the District of Columbia

Certification-Oriented, Online Courses and Programs Health IT across 11 states and the District of Columbia

Patient Safety Onboard Training for Employees across a regional healthcare system (third largest employer in Virginia) and a managed healthcare insurance plan

Patient Safety Onboard Training for Employees across a regional healthcare system (third largest employer in Virginia) and a managed healthcare insurance plan

Customer Service Onboard Training for Employees across a regional healthcare system (third largest employer in Virginia) and a managed healthcare insurance plan

Integrated Patient Safety & Customer Service Onboard Training for employees across a regional healthcare system (third largest employer in Virginia) and a managed healthcare insurance plan

Patient Safety & Customer Service Manager Training across seven hospitals and seven nursing homes

Courses Taught

Epidemiology & Biostatistics, medical and public health students

Systems-Based Practice Improvement - Introduction, Data-Driven Decisions, and PDSA Cycle, Run Charts, medical and public health students

Overview of Health Systems – medical and public health students
Medical Ethics – medical and public health students
Alcohol Use Disorders – medical and public health students
Depressive Disorders and Bipolar Disorders, medical and public health students
Introduction to Medical Interviewing – medical students
Advanced Clinical Interviewing Skills – medical students
Special Interviewing Skills Training – medical students
Advanced Study of Theories of Learning and Development, doctoral level, online
Problem Based Project in Research and Evaluation, doctoral, online
Connecting Research in Early Childhood Development to Practice in Early Childhood Education, doctoral
Advanced Study of Brain Research in Education, Graduate level, doctoral, online
Advanced Learning and Development, Graduate level, doctoral, online
Psychopathology - 6 lecture hours per week, yearly, for two years, graduate students
Developmental Psychology - undergraduate, 6 lecture hours per week, annually, for 2 years
Personality Theory - undergraduate, 6 lecture hours per week; graduate, 3 lecture-hours/week
Research Methods and Design -graduate, 3 lecture-hours per week
Pediatric Health Psychology, Directed Readings, graduate level, 3 lecture hours/week
Pediatric Public Health Psychology – Directed Readings, graduate level, 3 lecture-hours/week

Guest Lectures

Mental Health Issues in School Settings, Masters Teacher Program Research Methods, Regent University
Joy of Grant Writing, Regent University Topics in Education, Regent University
Psychology and Public Health, Eastern Virginia Medical School
Capstone Seminar, Masters, Public Health Program (MPH; Eastern Virginia Medical School/Old Dominion University)
Topics in Public Health, Public Health Program (Eastern Virginia Medical School/Old Dominion University)
Language Development (Eastern Virginia Medical School)
Intellectual Assessment of Children (Eastern Virginia Medical School)
Attention Deficit Hyperactivity Disorder and Learning Disabilities (Eastern Virginia Medical School)

Supervision

Clinical skills supervision, medical students, Ross University School of Medicine

Practicum supervision of graduate students in psychology (Virginia Consortium in Clinical Psychology and Old Dominion University)

Pediatric residents during rotations in developmental pediatrics (Eastern Virginia Medical School and Children's Hospital of The King's Daughters)

Postdoctoral supervision clinical psychology candidates (Eastern Virginia Medical School)

Mentorship

Medical Students, Ross University School of Medicine

Dissertation Committees, Virginia Consortium in Clinical Psychology, Regent University, and Old Dominion University

Junior Faculty in Clinical and Experimental Psychology, Eastern Virginia Medical School/Children's Hospital of The King's Daughters

Pediatric Resident Research Projects, Eastern Virginia Medical School/Children's Hospital of The King's Daughters

Graduate Students, Master's, Public Health (MPH) Program, Old Dominion University/Eastern Virginia Medical School

Pediatric Residents, Georgetown University Medical School

Graduate Students, Old Dominion University, Experimental Psychology Program

Doctoral Students, Urban Studies, Old Dominion University

Doctoral Student, Clinical Psychology, Virginia Commonwealth University

PRESENTATIONS, CONFERENCE AND WORKSHOP ACTIVITIES

Invited Oral Presentations

Addressing an Ethical Divide in Legal vs. Medical Responses to the Opioid Epidemic. 11th Annual Bioethics Forum of the English-Speaking Caribbean, University of the West Indies, Barbados, October 27, 2019.

Protecting Yourself and Your Loved Ones from Medical Errors, Scott & Stringfellow Client Appreciation Dinner, Virginia Beach, VA, March 26, 2019

How to Avoid Common Hospital Errors, Virginia Beach Public Library, Virginia Beach, Virginia, March 13, 2018.

Staying Safe in the Hospital, National Association of University Women, Virginia Beach Chapter, November 15, 2017

Common Medical Errors and How to Avoid Them, Atlantic Shores Retirement Community, Virginia Beach, September 21, 2017

Intervention for Children with ADHD: Educational, Family & Behavioral, Continuing Education Course offering through Mad in America (with Marilyn Wedge, PhD), September 12, 2017

Beyond the Prescription Pad: Trends in Child Mental Health, Symposium on Prescription Privileges, Virginia Academy of Clinical Psychologists. Norfolk, April 26, 2017.

The Power of One: What You Say and How You Say It Affects Workplace Safety. Virginia Ship Repair Association, 20th Annual Safety Seminar, Norfolk, VA, October 14, 2015.

Ethics of Diagnosing and Treating ADHD: Annual Ethics Lecture for Tidewater Academy of Clinical Psychologists, Eastern Virginia Medical School, Norfolk, February 9, 2015.

The Human Side of Safety, 19th Annual Health & Safety Seminar, Virginia Ship Repair Association, 19th Annual Safety Seminar, Norfolk, VA, October 9, 2014.

Refocusing on Behavioral Treatments for ADHD: A Matter of Public Health Safety, International Society for Ethical Psychiatry and Psychology. Culver City, CA, November 13, 2014.

Blinded by False Hope: Overselling ADHD Diagnosis and Treatment, Onondaga Community College, Syracuse, NY, October 30, 2014.

The Human Side of Safety, Keynote address, VSRA 19th Annual Safety Seminar, Norfolk, VA, October 24, 2014.

The Human Side of Safety, Keynote address, Signal's Annual Executive Safety Leadership Conference, Norfolk, VA, October 15, 2014.

Refocusing on Behavioral Interventions for ADHD: A Matter of Patient and Public Safety, International Society for Ethical Psychology and Psychiatry, Greensboro, NC, November 1, 2013.

Maximizing Health IT Investments, National Conference Sponsored by Eastern Virginia Medical School, Tidewater Community College, and Cox Communications, Return on Learning: Improving Patient Safety, Virginia Beach, March 30, 2012.

Closing the ADHD Research to Practice Gap, Virginia Academy of Special Education, Second Annual Conference, Regent University, April 12, 2008.

Wife, Mother, Doctor and Daughter: The Evolving Lifestyle, Women in Medicine and Science Pathways to Leadership Conference 12th Annual Conference, Richmond, VA, March 5, 2004.

Exploring ADD/ADHD Forum, Children's Hospital of The King's Daughters, December 9, 2003.

Project PRAISE: Successes and Challenges of Teacher Intervention, King's Grant Elementary School, In-service teacher training, November 4, 2003.

School Health Initiative for Education (SHINE): Research and Intervention in Hampton Roads, Annual SHINE Forum, Eastern Virginia Medical School, November 18, 2003.

Public Health Psychology, Virginia Consortium for Clinical Psychology, Eastern Virginia Medical School, October 31, 2003.

Expanding Your Comfort Zone in a Time of Change, Eastern Virginia Medical School Women in Medicine & Science Leadership Luncheon. Norfolk, VA, April 16, 2003,

Developing a Public Health Approach to ADHD. Hamilton College, Clinton, NY, March 12, 2003.

Middle and Late Childhood Case Focus: Attention Deficit Hyperactivity Disorder, Eastern Virginia Medical School Human Development, Norfolk, VA, February 20, 2002

School –Wide Model Grant Conference – ADHD. Washington, D.C., January 28-29, 2003

The Virginia Association of Independent Schools: “Medicating ADHD: “Too Much? Too Soon?” Richmond, VA, November 4, 2002

ADHD-Innovative Solutions to a Complex Problem: A Panel Presentation. CCOYS and NICOSTY 18th Annual Conference, Chesapeake Conference Center, October 10 &11, 2002

HJR122. Virginia Department of Health and the House of Joint Resolution, Richmond, VA, September 26, 2002

St. Gregory the Great School: Improving ADHD Care: How and Why, Virginia Beach, VA, June 4, 2002

Increased Use of Psychiatric Drugs in American Schools: A Capitol Hill Forum, Washington, DC, April 30, 2002.

Prevalence and Impact of ADHD in American Schools, Birdneck Elementary School, Virginia Beach, VA, April 22, 2002.

Infusing the Community with Child Development Knowledge, School Health Initiative for Education (SHINE), Center for Pediatric Research., Norfolk, VA, March 27, 2002.

Virginia Branch of the International Dyslexia Association: ADHD Medication: Too Many, Too Much, Too Soon? Richmond, VA, March 22, 2002

Middle and Late Childhood Case Focus: Attention Deficit Hyperactivity Disorder, Eastern Virginia Medical School Human Development, Norfolk, VA. February 14, 2002

Children, Schools, and Development: Eastern Virginia Medical School Board of Visitors, Norfolk, VA, February 12, 2002

SHINE: Addressing school health through community partnership. Sixth Annual Chronic Illness Conference, Norfolk, VA, December 6, 2001.

Prevalence and Impact of Ritalin in Virginia Schools: HJR 660 Joint Subcommittee meeting to Investigate the Improper Prescription and Illegal Use and Diversion of Ritalin and Oxycontin, and to Study the Effects of Attention Deficit Hyperactivity Disorder on Student Performance, Richmond, VA, December 3, 2001.

Attention Deficit Hyperactivity Disorder in Hampton Roads, School Health Initiative for Education (SHINE) ADHD Forum; Norfolk Academy, Norfolk, VA November 15, 2001

ADHD Research and Management: Impact on Virginia Schools. HJR 660 Joint Subcommittee Meeting, General Assembly Building, Richmond, VA, October 31, 2001.

New Programs to Improve the Care and Education of Children with ADHD, CCOYS and NICOSTY 18th Annual Conference, Chesapeake Conference Center. October 25-26, 2001.

The ADHD Debate: LeFever vs. Barkley, Regent University, Library Conference Center, October 19, 2001.

Responding to an ADHD Epidemic: Developing a Public Health Agenda. Eastern Virginia Medical School Department of Psychiatry, Clinical Psychology Interns, Hofheimer Hall, October 3, 2001.

Attack on America: Helping Children and Adolescents Cope. Panel Discussion. King's Grant Presbyterian Church, Virginia Beach, Virginia, September 16, 2001.

Virginia Beach City Public Schools; Workshop: Improving Educational and Health Outcomes through Teacher Innovation, Virginia Beach, VA, August 29-30, 2001.

Participant in debate sponsored by the American Psychological Association on the medical treatment of ADHD: Is ADHD Over-diagnosed and Is Drug Therapy Overused?: Paying Attention to the Data, (Other invited panel presenters: Russell Barkley, Peter Jensen, Charles Cunningham, William Pelham, and Larry Diller), San Francisco, CA, August 26, 2001.

Promoting Responsible Actions through Intervention and School-wide Education: Project PRAISE, Birdneck Elementary School, School-wide meeting, May 16, 2001.

Public Health Assessment and Interventions for ADHD. Department of Pediatrics, Portsmouth Naval Hospital, Portsmouth, VA, May 18, 2001.

ADHD in Hampton Roads: Educational Issues and Interventions. ADHD Forum for Teachers. Virginia Beach Public Library, May 10, 2001.

Virginia School Nurse Coordinators Meeting: School Health Interventions in Virginia, Ashland, VA. April 2, 2001

A Public Health Approach to ADHD and Related Disorders, Department of Psychology, Virginia Polytechnic University, Blacksburg VA, January 26, 2001.

Addressing ADHD from a Public Health Perspective, Old Dominion University, Norfolk VA, December 6, 2000.

Addressing ADHD through School-wide Interventions, Virginia Beach City Public Schools, Laskin Road Annex, Virginia Beach VA, December 5, 2000.

Developing Systems of Care for Children with Mental Illness, National Conference of State Legislatures, Annual Health Policy Conference, Charlotte NC, December 2, 2000.

ADHD: A Major Public Health Issue, APHA Annual Meeting, Boston MA, November 15, 2000.

Involving Parents, Teachers and Physicians in the Management of Children with ADHD, Chesapeake Public Schools, Chesapeake VA, November 13, 2000.

Prevalence and Impact of ADHD in Virginia, Virginia Psychological Association, Williamsburg VA, November 3, 2000.

Prevalence and Impact of ADHD in Virginia, Grand Rounds, Department of Pediatrics, Eastern Virginia Medical School, Norfolk VA, October 12, 2000.

The Prevalence and Impact of ADHD on the Health and Education of Children and Adolescents in Virginia, Statewide Adolescent Health Task Force, Virginia Department of Health, Richmond VA, October 11, 2000.

Impact of ADHD on the Health and Education of Children in Hampton Roads, School Health Initiative for Education (SHINE) Community Meeting, Hofheimer Hall, Eastern Virginia Medical School, Norfolk VA, October 4, 2000.

American Enterprise Institute: Use of Psychotropic Medications Among Children in Virginia: Social and Policy Implications, Washington, D.C., September 28, 2000.

Prevalence and Impact of ADHD in Hampton Roads, Tidewater Academy of Clinical Psychologists, Eastern Virginia Medical School, Norfolk, VA, July 11, 2000.

An Assessment of Child Mental Health Needs in Virginia, Consortium for Infant and Child Health, Report on the Health of Children in Virginia, Norfolk Public Health Center, March 29, 2000.

ADHD: A Major School Health Issue, Virginia Beach City Public Schools: School Health Advisory Board, Virginia Beach, VA, March 2000.

Daycare and ADHD in Very Young Children, Pride in Parenting and the Old Dominion University Parenting Center, Portsmouth Children's Museum, Portsmouth, VA, March 2000.

Attention Deficit Hyperactivity Disorder in Hampton Roads, School Health Initiative for Education (SHINE) ADHD Forum, Norfolk Academy, Norfolk, VA March 2000.

ADHD: A Public Health Perspective, The Master of Public Health Degree Program, Eastern Virginia Medical School and Old Dominion University, Norfolk, VA, February 2000.

School Health Initiative for Education (SHINE): Research Update, Center for Pediatric Research: Norfolk, VA, March 22, 2000.

Psychology and Public Health, Center for Pediatric Research Health Promotion and Disease Prevention Old Dominion University Psychology Faculty, Center for Pediatric Research, Norfolk, VA. March 20, 2000.

ADHD: Research, Practice, and Community Initiative, Virginia Nurses Association, Virginia Beach, VA, 1999.

Parenting in the New Millennium, Parent Training, King's Grant: Presbyterian Church, Virginia Beach, VA, 1999.

A Community-wide Assessment of ADHD Issues: Parent, Teacher, and Health Care Provider Perspectives School Health Initiative for Education (SHINE), Hampton Roads, VA, May 1999.

ADHD in the Very Young Children, Pride in Parenting and the Old Dominion University Parenting Center; Norfolk, VA, March 1999.

Using Local School Mental Health Data to Mobilize a Community. Virginia School Nursing Association, October 1998.

Analysis and Summary of Data on ADHD in Hampton Roads School Health Initiative for Education (SHINE), Hampton Roads, VA, October 1998.

Community-based ADHD Research, Planning, and Action, Urban Studies Program, Old Dominion University, Norfolk, VA, September 1998.

ADHD Teacher Training: Guidelines and Regional Perspectives, Norfolk Public Schools; Norfolk, VA, September 1998.

Coalition Evaluation: School Health Initiative for Education (SHINE), Center for Pediatric Research, Norfolk, VA, August 1998.

Bio-psychosocial Approach to Autism: Implications for Early Intervention. EVMS and the Neonatal/Perinatal Outreach Center and Virginia Department of Woman's and Infant's Health, May 1998.

Attention Deficit Hyperactivity Disorder (ADHD), Virginia Department of Health, Division of Child and Adolescent Health, Center for Pediatric Research, Norfolk, VA, January 1997.

Needs Assessment of a Common Mental Health Condition, School Health Initiative for Education (SHINE); Hampton Roads, VA, May 1998.

Community Development: School Health Initiative for Education, Children's Health System, February 1998.

School Health Initiative in Hampton Roads: Unrealized Opportunities, Eastern Virginia Medical School Department of Pediatrics, Norfolk, VA, February 1998.

Expansion of the School Health Information System, Virginia Department of Health; Richmond, VA, December 1997.

High Prevalence Disorders in Public Schools; Asthma and ADHD, Consortium for Infant and Child Health (CINCH) Needs Assessment Work Group, Hampton Roads, VA, September 1997.

Parent and Teacher Surveys on School Health, Norfolk Public Schools, Norfolk, VA, August 1997.

School Health Initiative for Education (SHINE), Norfolk Public Schools; Norfolk, VA, July 1997.

Learning Disability Subtypes, Old Dominion University, Norfolk State University Graduate Center, Virginia Consortium in Clinical Psychology Program, Norfolk, VA, July 1997.

Asthma in Schools, Virginia Department of Health; Richmond, VA, July 1997.

Use of Ritalin among Children in Public Schools, Grand Rounds-Poster Presentation, Eastern Virginia Medical School and Children's Hospital of The King's Daughters, Norfolk, VA, May 1997.

SHINE: School Health Initiative for Education, Consortium for Infant and Child Health (CINCH), Hampton Roads, VA, June 1997.

Attention Deficit Hypersensitivity Disorder and Prevalence in Public Schools, CINCH Town Meeting and Press Conference, Norfolk, VA, February 1997.

Medication Use for Behavior Problems in Public Schools, Norfolk Health Council, Norfolk, VA, February 1997.

School-Related Services for Asthma and ADHD, School Health Initiative Hampton Roads; Hampton Roads, VA, November 1996.

Partnership for School Success, Conference on Chronic Illness, Virginia Department of Education, Norfolk, VA, November 1996.

Outcome of Over 100 Consecutive Referrals for ADHD and Learning Disabilities, Conference on ADHD at Children's Hospital of The King's Daughters, Norfolk, VA, 1996.

The Office Evaluation of ADHD: Issues of Co-morbidity and Differential Diagnosis, Conference on ADHD at Children's Hospital of The King's Daughters, Norfolk, VA 1996.

Ethical Concerns Related to Randomized Controlled Trials of Potentially Life-sustaining Therapies in Critically Ill Infants and Children, Center of Pediatric Research and Eastern Virginia Medical School Faculty, Norfolk, VA, 1996.

The ADHD Epidemic: Have Our Diagnostic Practices Contributed to the Outbreak? Grand rounds, Eastern Virginia Medical School, Norfolk, VA, 1996.

High Prevalence Disorders in Public Schools: Asthma and ADHD, CINCH Needs Assessment Work Group, Center for Pediatric Research, Norfolk, VA, September 1996.

The Use of Intelligence Tests and Other Clinical Measures in the Assessment of Children with Development Disabilities, Workshop, Virginia Consortium for Clinical Psychology (VCCPP), Virginia Beach, VA, May 1995.

How to Help Your ADHD/Learning Disabled Child, Prime Time Forum sponsored by the Barry Robinson Center, Children's Hospital of The King's Daughters, Child Abuse Prevention Services, and Old Dominion University Parenting Center. Barry Robinson Center, Norfolk, VA, 1994.

A Statewide Assessment of Child and Adolescent Acute Mental Health Hospitalizations, Virginia Department of Health, Richmond, 1994.

The Security of Attachment as a Predictor of Toddler Competence, Northwestern University Medical School, Evanston, IL, 1987.

The Epidemiology of ADHD, ADHD from a Public Health Perspective, Conference sponsored by the Centers for Disease Control and Prevention and the U.S. Department of Education, Atlanta, Georgia. September 24, 1999.

Attention Deficit Hyperactivity Disorder – Numerous other invited presentations at local, state, and national medical and other conferences, 1995-2019.

Other Oral Presentations

Improving Patient Safety through Proactive Consumer Engagement with Electronic Health Records, AMIA PHI, Orlando, Florida, May 26, 2012.

Why Community Coalitions are Important for Patient Safety Initiatives, Sixth Annual Maryland Patient Safety Conference, Baltimore, MD, March 19, 2010.

ADHD Data and Key Opinion Leader Messages. Accepted for presentation, Symposium on Evidenced-Based Mental Health Practice. Annual Convention of the American Psychological Association, Boston, MA, August 2007.

ADHD Doesn't Equal Broken. Annual Expo Conference, YMCA, Anaheim, California, October 20.

Building Resiliency. Annual Expo Conference, YMCA, Anaheim, California, October 21, 2007.

Symposium on the Corruption of Science and Sacrifice of Academic Freedom, Annual Convention of the American Psychological Association, San Francisco, CA, August 17, 2007.

Substance Use and ADHD among Middle School Students. Teacher Educators for Children with Behavioral Disorders, 30th Annual Conference, Tempe, Arizona, November 18, 2006.

Piloting a School-Wide Intervention. In S. Visser (Chair), Challenges in the epidemiological study of ADHD: From Definition to Prevention, Symposium presented at the 2004 American Public Health Association Conference: Washington, DC, 2004.

Working with communities: Challenges and successes of this study. In C. Lesesne (Chair), Multi-Site Collaborative Study: Goals of Study, Symposium presented at the 16th Annual CHADD Conference: Nashville, TN, October 2004.

Community Initiated ADHD Innovation and Legislation. (2003), Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5, 2003.

Program SHARE: Improving School/Provider Communication to Help Students Excel, Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5, 2003.

Eliciting Community Participation in Behavioral Parent Training, Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5, 2003.

Eastern Psychological Association Meeting: Addressing ADHD from a Public Health Perspective, Washington, D.C., April 21, 2001.

Overdiagnosis: A Justified Concern. American Psychological Association, San Francisco, CA, August 26, 2001.

University-Community Partnership for School Success, Symposium Presentation, Society for Community Research and Action, Atlanta, GA, June 8, 2001.

Prevalence and impact of asthma in selected southeastern Virginia public schools, Annual Meeting of American Public Health Association, November 2000, Boston MA, 2000.

ADHD and Public Health, American Public Health Association. Boston, MA, November 15, 2000.

Prevalence and impact of asthma in selected southeastern Virginia public schools. Poster awarded 1st Place among Pediatric posters at the 94th Annual Scientific Assembly of the Southern Medical Association, Orlando, FL, November 2000.

Understanding ADHD issues in a community with high ADHD prevalence rate: parent, teacher, and provider perspectives. American Public Health Association Annual Meeting, Boston MA, November 2000.

Regional Study of ADHD Prevalence, Treatment, and Educational Impact, Conference sponsored by the American Public Health Association, Chicago, November 9, 1999.

Combined pharmacological and non-pharmacological treatment of attention deficit hyperactivity disorder (ADHD), Annual meeting of the American Psychological Association, Boston, August 1999.

Psychostimulant Use in Virginia: School Health and Developmental Implications, Annual meeting of the American Psychological Association, Boston, August 1999.

A Statewide Assessment of Child and Adolescent Acute Mental Health Hospitalizations, American Public Health Association Conference Proceedings, Chicago, IL, November 9, 1999.

Prevalence and Impact of Asthma in Selected Norfolk Public Schools, Annual Research Day, Eastern Virginia Medical School, Norfolk, VA, October 15, 1999.

Attention Deficit Hyperactivity Disorder (ADHD) Medication Use in Children is not Associated with Increased Emergency Room Encounters, Society of Academic Emergency Medicine Annual Meeting, May 1999.

Attention Deficit Hyperactivity Disorder (ADHD) Medication Use in Children is not Associated with Increased Emergency Room Encounters, Mid-Atlantic Regional Society of Academic Emergency Medicine Research Forum, April 1999.

Building Local Capacity for Collaboration between School Districts: Creation of a School Health Coalition, American Public Health Association; Chicago, IL, 1999.

A School-Based Study of ADHD Prevalence: Fostering Collaboration Among Schools, Health Care Professionals and Researchers, Virginia Public Health Association Annual Meeting; Virginia Beach, VA, 1999.

Attention Deficit Hyperactivity Disorder (ADHD) Medication Use in Children is not Associated with Increased Emergency Room Encounters, Naval Medical Center Portsmouth Clinical Investigation Program Academic Research Competition, Portsmouth, Virginia, April 1999.

Prevalence of ADHD Diagnosis and Treatment in Three School Districts, National Association of School Psychologists, Las Vegas, Nevada, April 1999.

Prevalence of Psychostimulant use in Virginia: Developmental and School Health Implications, Abstract, Journal of Pharmacology, Biochemistry, and Behavior, 64(3), 645, # A7.

Analysis of ADHD Prevalence Rates Across Age-for-Grade Categories: Implications for School Readiness Policies. National Association of School Psychologists, Las Vegas, Nevada, April 1999.

Prevalence of Medication Use for Attention Deficit Hyperactivity Disorder (ADHD): A Population-based Study of Virginia School Children, Society for Pediatric Research; Washington, DC, May 1997.

Management of Attention Deficit Hyperactivity Disorder (ADHD) in the 90s, Virginia Psychological Association; Roanoke, VA, April 1997.

Disciplinary Practices of Mothers with ADHD Sons, Society for Research in Child Development; Washington, DC, 1977.

New Findings in the Neuroanatomy of Autism. Annual Virginia Beach Conference on Behavioral and Emotional Disorders in Children, Virginia Beach, VA, 1996.

The Blind Men and the Elephant's Child: The Role of Psychology in Early Childhood Diagnostics, Virginia Psychological Association, Richmond, VA, 1996.

Correlates of Parental Discipline in Children with ADHD, Southeastern Psychological Association, Norfolk, VA, 1966.

The Uses of a Self-report Parenting Measure with Mothers and Fathers of Children with Developmental Disorders, Annual Virginia Beach Conference on Behavioral and Emotional Disorders in Children; Virginia Beach, VA, 1995.

ADHD: Is it a Neurological Disorder, a Physiological Disorder, or both? Annual Virginia Beach Conference on Behavioral and Emotional Disorders in Children, Virginia Beach, VA, 1995.

The Emergence of Gender Differences in Mastery Motivation., Paper presented to the International Conference on Infant Studies, Montreal, 1990.

Relations among Attachment Security and Temperament From Six to Thirty-six Months of Life, Society for Research in Child Development, Kansas City, MO, 1980.

On Using Infant Behaviors in the Strange Situation as Indexes of Temperament, Society for Research in Child Development; Baltimore, MD, 1987.

Relations Among Mastery Assesses During Problem Solving, Attachment Security, and Free Play Behavior, In Seifer R (chair) Antecedents and Consequences of Early Mastery, Symposium presented at the International Conference on Infant Studies; Los Angeles, CA, 1986.

Adolescent Egocentrism: A Look at Its Construct Validity. Paper presented at the Illinois Psychological Association, Chicago, IL, 1986.

Workshop or Symposium Chair/Facilitator

Intervention for Children with ADHD: Educational, Family & Behavioral Interventions, Mad in America CE-approved Webinar, 2016

The Teacher's Role in Identifying and Managing ADHD, Virginia Beach Public Schools, 2003

Chair, Symposium: Public Health Psychology: Innovative Approaches to Promoting Child Mental Health and Development. Symposium Presentation, Society for Community Research and Action Meeting, Las Vegas, New Mexico, June 5, 2003.

Department of Pediatrics and Center for Pediatric Research Faculty Research Workshop: Substance use and educational outcomes among children diagnosed with ADHD. Norfolk, VA, November 5, 2002.

ADHD Evaluation Workshop, 16th Annual Family Medicine Review Course, Sheraton Oceanfront Hotel, Virginia Beach, VA, June 8, 2000.

ADHD Clinical Perspectives Workshop, Chronic Illness, Behavior and School: Planning for the Millennium; Fourth Annual Chronic Illness Conference, Virginia Department of Education, Norfolk, VA, November 1999.

ADHD: Current Perspectives, Virginia Association of Nurses; Virginia Beach, VA, 1999,
ADHD Teacher In-Service Workshop, Virginia Beach City Public Schools, VA. 1999.

Human Figure Drawings and Intelligence Tests, Virginia Consortium for Clinical Psychology
Clinical Psychology Doctoral Program – Annually for 3 years, 1997-2001

Teacher Training Workshop: Using Teacher Input to Develop School Policies, Norfolk Public
Schools; Norfolk, VA, Principals Training: November 1998.

Stanford-Binet Intelligence Scale, Virginia Consortium for Clinical Psychology Clinical
Psychology Doctoral Program – Annually for 3 years, 1997-2001

Psychological Assessment of Young Children, Virginia Consortium for Clinical Psychology
Clinical Psychology Doctoral Program – Annually for 3 years, 1997-2001

Attention Deficit Hyperactivity Disorder – Numerous workshops delivered to teachers, school
administrators, day care providers at local, state, and national medical and other
conferences, 1995-2019

Poster Presentations (Partial List)

Prevalence and Impact of Asthma in Selected Southeastern Virginia Public Schools, Presented at
the 17th Annual National Preventive Medicine Meeting, Prevention: Atlanta, March 24,
1995.

Adolescent Egocentrism: Its Relation to Contraceptive Behavior and Feelings of Invulnerability,
Midwestern Psychological Association; Chicago, IL, 1987.

PROFESSIONAL ACTIVITIES

Societal Memberships

American Psychological Association (APA), 1995-

American Society for Safety Engineers, 2016-2018

American Educational Research Association (AERA), 2006-2008, Member Society for
Prevention Research (SPR), 2000-2005

American Public Health Association (APHA), 1999-2004

International Society for Ethical Psychiatry & Psychology (ISEPP), 2013-2018

Society for Community Research and Action (SCRA), 2000-2004, Member American School
Health Association (ASHA), 1999-2004

Society of Developmental and Behavioral Pediatrics (SDBP), 1991-2004, Member Society for
Research in Child Development (SCRD), 1987-1991, 2006-

Virginia Board of Psychology, Licensed Clinical Psychologist, 1994-2006, 2010-14, 2019-
Virginia Head Start Association (Health Advisory Committee): 1998-2004
Virginia Psychological Association: 1994-2002, 2013-2017
Tidewater Academy of Clinical Psychologists: 1994-2002, 2013-2017
Virginia School Health Steering Committee: 1996-1998
Research Task Force, Center for Child Abuse: 1995-1997, Chair School Health Advisory Board
Virginia Beach: 1999-2004
Virginia Beach Health Partners: 1998-2000
San Diego Hope Infant Advisory Committee: 1990-1993
San Diego Interagency Collaboration Council: 1990-1993

Position of Responsibility with Professional Organizations

Virginia Business Coalition on Health, Foundation, Board Member, 2014-2015
Square One, Board Member, 2012- 2015
Office of the National Coordinator on Health IT, Workforce Committee, 2010-2013
Virginians Improving Patient Care & Safety, Board Member, 2010-2012
Smart Beginnings South Hampton Roads, Technical Advisory Board & Speakers Bureau, 2007
School Health Initiative for Education (SHINE): 1996-2004, Chair and Executive Director
Virginia Head Start Association Health Advisory Committee, 1998-2004

Organizational Activities on behalf of Professional Organizations

Office of the National Coordinator on Health IT – organized two national conferences on health
IT and patient safety, 2012-2013
Office of the National Coordinator on Health IT – spearheaded the consolidation and evaluation
of a national curriculum spread across six academically generated workforce roles to two
pragmatic workforce roles, 2010-2013

SERVICE

Committee Service (Partial List)

VSRA Seminar Planning Committee, 2014-2017
VSRA Safety Committee, 2014-2018
Office of the National Coordinator for Health IT, Curriculum Committee, 2010-2013
Regent University, School of Education Research Review Committee, 2006-2007

Regent University, Institutional Review Committee, 2007-2008

Center for Pediatric Research, HR Committee, 2000-2002

Professional Psychology: Research and Practice, Editorial Board, 2002-2004

EVMS Research Committee, 1999-2002

Involvement in System-Wide Initiatives

Sentara Healthcare System - initiated and participated in formation of a committee to integrate system-wide safety and customer service initiatives, 2008-2009

Regent University - led the transition from school-specific research review committees to formation of university-wide institutional review board, 2006-2008

Virginia Beach City Public Schools – development, implementation, and evaluation of a clinical psychology internship in public health psychology, which received American Psychological Association accreditation, 2001-2004

King's Grant Elementary School & Birdneck Elementary School - development, implementation, and evaluation of positive behavior management program, 2002-2004.

Community Service

Ordained Elder, Presbyterian Church USA, 2002-

Founding and executive director of a regional school health coalition, 1994-2004

Parent Education Committee, King's Grant Presbyterian Church, 1999-2002

Parent Discussion Groups, The Williams School, 1996, 1998

Sunday School Teacher, King's Grant Presbyterian Church, 1994-2010

Youth Group Mission Leader, King's Grant Presbyterian Church, 2001-2003

Volunteer Kingston Elementary School Fun Run, 1991-1993

HONORS AND REWARDS

- 2012 CIVIC Leadership Institute Graduate, Hampton Roads, Virginia
- 2012 Health Care Hero Award, *Inside Business*
- 2008 International List of 100 Trusted Scientists, *BMJ* (formerly *British Medical Journal*)
- 2005 Sabbatical, Eastern Virginia Medical School
- 2003 Virginia Beach Community Schools, Superintendent's Quality Award
- 2002 Virginia Beach Community Heroes, Partnership in Education

- 2002 Lexington Institute, Fellow
- 1986 National Institute of Mental Health Clinical-Developmental Fellowship
- 1985 Achievement in Research Award, University of Illinois
- 1982 Phi Beta Kappa, Boston University
- 1982 Graduated summa cum laude with distinction in psychology, Boston University
- 1977 Rotary Scholarship, Germany

MEDIA – PARTIAL LIST, *INTERVIEWED AND QUOTED*

- March 15, 2019. An Interview with Dr. Gretchen Watson on Patient Safety, *Hear/Say with Cathy Lewis*, <https://mediaplayer.whro.org/program/hearsya/e/hearsay-thursday-march15th-2018>
- August 18, 2017. Virginia Beach resident writes book to help patients stay safe. *Inside Business*, InsideBiz.com, https://www.pilotonline.com/inside-business/article_94d32f05-bdc0-5f4a-98cb-5a3008d43c7e.html
- February 17, 2012. Health Care Hero, Corporate Achievements in Health Care. *Inside Business*, https://www.pilotonline.com/inside-business/special-reports/article_8ed608da-d587-5134-997c-9865e3173e90.html
- November 25, 2009. Wrong site surgeries must be reduced. *The Clinton Courier*, Web Edition, Guest Column, GB LeFever.
- August 21, 2008. Contract Research Organizations: Truly Independent Research? Feature article with section on “Case of Dr. LeFever.” *BMJ*, 2008: a1332, http://www.bmj.com/cgi/content/full/337/aug21_1/a1332?ijkey=rmbmbUTfShzRrKpy&keytype=ref
- July 26, 2008. Is there an (unbiased) doctor in the house?: Naming Names. *BMJ*, 2008: 337, a886, http://www.bmj.com/cgi/content/full/337/jul23_3/a930?ijkey=51VaCZNNRtCQvUz&k
- November 14, 2007. *The Providence Journal*, “Beware those pushing ADHD drugs, invited opinion column, GB LeFever.
- October 15, 2007. *The Baltimore Sun*, “Medical Group Provides New Guide on ADHD Medications for Parents.
- July 18, 2007 – *CBN*, The 700 Club, “ADHD”
- August 14, 2006 – *The Virginian-Pilot*, “Whatever happened to...the EVMS researcher who studied ADHD?”
- October 16, 2006- Alliance for Human Research Protection, “Researcher who challenged ADHD industry cleared of misconduct charges.”
- October 15, 2005 – *The British Medical Journal*, “Outspoken critic of overdiagnosis of ADHD cleared.”

May 22, 2005- *Alliance for Human Research Protection*, “FDA new drug safety website – ADHD a huge profit-engine for amphetamine-like drugs.”

May 11, 2005- *The Street*, “Attention deficit pays at Shire.”

May 6, 2003 – *VBTV Channel 47*. “Superintendent’s Quality Award for the Third Quarter”

January 23, 2004, *The Virginian-Pilot*, “Did ADHD study miss the mark?”

March 31, 2003 – *Studio UPN Live*, “ADHD and other drug usage.”

March 2003 – *WVEC (TV 13)*. “How to talk to their children about war/stressful situations and troubling events/uncomfortable news.”

November 2002 – *The EVMS Chronicle*, Norfolk, VA “EVMS researcher joins CDC study of ADHD: Dr. Gretchen LeFever receives three-year, \$750,000 grant.

November 1, 2002 – *WHRO Hearsay with Cathy Lewis*, Radio, Norfolk, VA. “Talking Terror.” Eastern Virginia Grand Rounds: “ADHD”, Norfolk, VA, September 26, 2002.

June 25, 2002 – *Free Lance-Star*, Fredericksburg, VA “Vouchers, not Ritalin, prove best medicine for many ‘LD’ pupils.”

June 29, 2002 – *Tampa Tribune*, Could Vouchers Be an Antidote to Ritalin?

June 1, 2002 – *Education Week*, Drugs in School

June 1, 2002 – *Providence Journal*, “Hold the Ritalin. Try Vouchers”

May 30, 2002 – *LD in Depth*, “The Extent of Drug Therapy for Attention-Deficit /Hyperactivity Disorder Among Children in Public School

April 9, 2002 – *Port Folio Weekly*, “Ritalin Nation: A new state law sponsored by a Virginia Beach legislator will prohibit teachers from recommending drugs as a treatment for kids who appear to have Attention Deficit Disorder.

March-April 2002 *The P.E.O. Record*, “In the Spotlight.”

March 11, 2002 – *The Weekly Standard*, “Readin, Ritalin, and Rithmetic: Education’s new three R’s.

January 2002 – *Monitor on Psychology*, Washington, D.C. “Guidance in treating ADHD: American Academy of Pediatrics releases recommendations for physicians treating ADHD.”

December 18, 2001 – *The Virginia-Pilot*, Hampton Roads, VA “Controversies in the Diagnosis and Treatment of ADHD: One Doctor’s Perspective.”

December 10, 2001 – *Alabama School Journal*, Montgomery, AL “High Ritalin Use Worries Virginia Officials.”

December 5, 2001 – *Times Dispatch*, Richmond, VA “Ritalin Study group asking for more data.”

December 3, 2001 – *New York Post*, New York, NY “Studies on Ritalin are ‘Child Abuse’.”

December 2001 - “Medicating ADHD: Too much? Too soon? *APA Monitor on Psychology*, Vol. 32, No. 11

November 19, 2001 – *Daily Press*, Hampton Roads, VA “ Two Sides of Ritalin.”

November 18, 2001 – *The Virginia-Pilot*, Hampton Roads, VA “Ritalin use in Virginia is “astronomical”

November 16, 2001 – *The Virginian-Pilot*, “High rate of Ritalin use brings call for action.”

November 15, 2001 – WVEC (13 News) “Virginia #4 in Ritalin use.”

September 4, 2001 – *The Diane Rehm Show*, National Public Radio

September 4, 2001 – *CBN* – Project PRAISE, an intervention project funded by U.S. Department of Education

August 6, 2001 – “Ritalin usage varies study: Locale affects rates,” by Sabrina Eaton and Elizabeth Marchak. *Tribune – Democrat*, Johnstown, PA.

June 10, 2001 – “Ritalin prescription rates vary widely across country”, by Sabrina Eaton and Elizabeth Marchak. *Staten Island Sunday Advance*, Staten Island, New York.

June 2001 – *Popular Science*, “New Evidence about Ritalin: What every parent should know.”

May 22, 2001 – “Are we creating Ritalin robots: The Upper Peninsula’s Dickinson County leads the nation in Ritalin use,” by Sabrina Eaton and Elizabeth Marchak. *Bay City Times*, Bay City, Michigan.

May 20, 2001 – “Are teachers trained to detect disorders”, by Jo Ciavaglia *Bucks County Courier Times*, Levittown, PA.

May 14, 2001 – “Ritalin rates vary by Region”, by Sabrian Eaton and Beth Marchak, *Birmingham News*, Birmingham, Alabama.

May 11, 2001 – *Channel 3 TV* (Evening News) “School Teachers and ADHD.”

May 10, 2001 – “Floyd ranks in Ritalin use,” by Sabrian Easton and Beth Marchak, *Rome News Tribune*, Rome, Georgia

May 6, 2001 – *The Plain Dealer*, “Ritalin prescribed unevenly in U.S., by Sabrina Eaton and Elizabeth Marchak

March 20, 2000 - *CBS and WTKR TV-3* “Ritalin Use in Young Children”

February 24, 2000 - Public Broadcasting Station (PBS): *The News Hour with Jim Lehrer* “Treating ADHD”

February 21, 2000 – (Morning and Evening News) “ADHD Prevalence Research”

January 10, 2000 – *The Virginian-Pilot*, Norfolk, VA “Ritalin: Overdrugging Children Isn’t the Answer”

Winter 2000 – *CHKD Employee Connections*, Norfolk, VA “In the Spotlight” and “Above & Beyond”

Fall 1999 – *CHKD Employee Connections*, Norfolk, VA “Medication in School Made Easier”

November 19, 1999 – *The Virginia-Pilot*, Hampton Roads, VA “Doctors, School Personnel Need to Work Together More, They Say”

October 28, 1999 – *CNN Headline News* “New ADHD Findings”

September 24, 1999 – *Rexburg Standard Journal*, Rexburg, ID “Study Questions Kids’ ADHD Treatment”

September 17, 1999 - *Record*, Troy, NY “Study Questions Kids’ ADHD Treatment”

September 15, 1999 – *Californian*, Salinas, CA “Study Questions Kids’ ADHD Treatment”

September 14, 1999 – *The Dalles Chronicle*, Dalles, OR “Study Questions Kids’ ADHD Treatment”

September 9, 1999 – *Richmond Times*, Richmond, VA; *Big Spring Herald*, Big Spring, TX “Study Questions Kids’ ADHD Treatment”

September 8, 1999 – *WAVY TV-10 and WTKR TV-3* “A local ADHD Study”

September 8, 1999 – *Enterprise-Journal*, McComb, MS; *Desert Sun*, Palm Springs, CA; *Okmulgee Daily Times*, Okmulgee, OK; *Prince George’s Journal*, Lanham, MD; *Daily Reporter*, Coldwater, MI “Study Questions Kids’ ADHD Treatment”

September 7, 1999 – *Salem Evening News*: Salem, MA “Study Questions Kids’ ADHD Treatment”

September 7, 1999 – *Montana Standard*, Butte, MT; *Times-Mail*, Bedford, IN; *Daily Iberian*, New Iberia, LA; *Stuart News*, Stuart, FL “Study Questions Kids’ ADHD Treatment”

September 6, 1999 – *Spectrum High Country Daily News*, St George, UT “Study Questions Kids’ ADHD Treatment”

September 5, 1999 – *Daily Corinthian*, Corith, MS; *Marion Star*, Marion, OH; *Lompoc Record*, Lompoc, CA; *Indiana Gazette*, Indiana, PA “Study Questions Kids’ ADHD Treatment”

September 4, 1999 – *Reporter*, Vacaville, CA “Is Ritalin the Key or Just a Crutch?”

September 3, 1999 – *North Jersey Herald & News*, Passaic, NJ; *Herald*, Sharon, PA; *Metropolitan News- Enterprise*, Los Angeles, CA; *Minden Press – Herald*, Minden, LA; *Daily Times*, Ottawa, IL; *Standard-Speaker*, Hazleton, PA; *Morning Herald*, Hagerstown, MD; *Erie Daily Times*, Erie, PA; *Times Herald Record*, Middletown, NY; *Antelope Valley Press*, Palmdale, CA; *Borger News – Herald*, Borger, TX; *Sentinel-Tribune*, Bowling Green, OH; *News & Advance*, Lynchburg, VA; *Advocate*, Newark, OH “Study Questions Kids’ ADHD Treatment”; *Herald*, Sharon, PA “Researchers say ‘Signature’ Could Prove ADD Diagnoses”

September 2, 1999 – *Daily Press*, Hampton Roads, VA; *Banner-Tribune*, Franklin, LA; *Brattleboro Reformer*, Brattleboro, VT; *Express-Times*, Easton, PA; *Daily California*, El Cajon, CA; *Starkville Daily News*, Starkville, NS; *News & Observer*, Raleigh, NC; *Press-Enterprise*, Riverside, CA; *Dayton Daily News*, Dayton, OH;

Advocate, Baton Rouge, LA; *Ashland Times-Gazette*, Ashland, OH; *Seattle Times*, Seattle, WA; *Arizona Republic*, Phoenix, AZ; *Sheboygan Press*, Sheboygan, WI; *Danville Register & Bee*, Danville, VA; *Providence Journal*, Providence, RI; *Milwaukee Journal Sentinel*, Milwaukee, WI; *Herald-Journal*, Spartanburg, SC; *Philadelphia Daily News*, Philadelphia, PA; *San Bernardino County Sun*, San Bernardino, CA; *Connecticut Post*, Bridgeport, CT; *Imperial Valley Press*, El Centro, CA; *Macon Telegraph*, Macon, GA; *Herald*, Everett, WA; *San Francisco Chronicle*, San Francisco, CA; *San Antonio Express-News*, San Antonio, TX; *Los Angeles Times*, Los Angeles, CA; *Chattanooga Times & Free Press*, Chattanooga, TN; *Santa Cruz County Sentinel*, Santa Cruz, CA; *South Bend Tribune*, South Bend, IN; *Evansville Courier & Press*, Evansville, IN; *Daily Southtown*, Chicago, IL; *Journal and Courier*, Lafayette, IN; *Times and Democrat*, Orangeburg, SC; *Santa Barbara News-Press*, Santa Barbara, CA; *Portland Press Herald*, Portland, ME; *Telegram & Gazette*, Worcester, MA; *Orange County Register*, Santa Ana, Ca; *Mobile Register*, Mobile, AL; *News Journal*, Wilmington, DE; *Tribune*, San Luis Obispo, Ca; *South County Journal*, Kent, WA; *Olympian*, Olympian, WA; *Journal News (AC Edition)*, White Plains, NY; *Midland Reporter-Telegram*, Midland, TX; *Greeley Tribune*, Greeley, CO; *Arizona Daily Star*, Tucson, AZ; *News & Advance*, Lynchburg, VA; *News-Press*, Fort Myers, FL; *Journal News (AS Edition)*, White Plains, NY; *Prince William Journal (Manassas Edition)*, Manassas, VA; *Gazette*, Cedar Rapids, IA; *Journal News (AN Edition)*, White Plains, NY; *News-Herald*, Willoughby, OH; *Kingsport Times-Star*, Kingsport, TN; *Morning Journal*, Lorian, OH; *Chico Enterprise-Record*, Chico, CA; *Alameda Times-Star*, Alameda, CA; *Salem News*, Salem, OH; *Cherokee Tribune*, Canton, GA; *Mercury-Register*, Oroville, CA; *Culpeper Star-Exponent*, Culpeper, VA; *Advertiser-Tribune*, Tiffin, H; *Intelligence*, Wheeling, WV; *Forum*, Fargo, ND; *Lancaster Eagle-Gazette*, Lancaster, OH; *Free Lance-Star*, Fredericksburg, VA; *Leader-Telegram*, Eau Claire, WI “Study Questions Kids’ ADHD Treatment”

September 1, 1999 – *The Virginian-Pilot*, Norfolk, VA “Local Schoolchildren Use Ritalin at Twice National Rate, Study Finds”

September 1999 – *Virginia News Network* “ADHD may be Over Diagnosed”

September 1999 – *WebMD* “ADHD may be Over Diagnosed in Some Communities”

September 1999 – *EVMS Chronicle*, Norfolk, VA “Study finds higher than expected rate of treatment for ADHD”

March 7, 1999 – *The Chesapeake Clipper*, Chesapeake, VA “Attention Deficit Seminar”

June 1999 – *WHRV 89.5 FM* – “Hear/ Say: Show on Depression, Stimulants and The Inane”

April 1998 – *WVEC-TV 13* Late Evening News – “An ADHD Study Conducted at the Center for Pediatric Research Sheds Light on the Local Medical Community’s Prescribing of Ritalin”

June 16, 1997 – *WVEC-TV 13* Early News – “Racial Aspects of ADHD Diagnosis”

April 24, 1997 – *WVEC-TV 13* Evening News – “ADHD Diagnosis in Hampton Roads”

February 23, 1997 – *Virginian-Pilot*, Norfolk, VA “CINCH Needs Assessment Report”

January/February 1997 – *WTKR-TV 3* - “School Health Initiative”

January 1997 – *WVEC-TV 13* - “Attention Deficit Hypersensitivity Disorder”

1996– Video production “The Search for Quality Child Care” by the *City of Virginia Beach* with the *Department of Social Services and Virginia Beach Public Schools*; Virginia Beach, VA

1995– TV Program on Teenage Pregnancy “Someone to Love Me.” Collaboration with Growing Up Great Community Health Project, *CHKD, Junior League of Norfolk* and Virginia Beach, VA

1994– TV Series on Development of Self-esteem “How to Build a Better Child.” *CHKD*; Norfolk, VA